

Addressing the Mental Health and Social-Emotional Wellbeing of Students and Staff During COVID-19

The coronavirus (COVID-19) pandemic continues to present great uncertainties for schools around the country and there are many more challenges to come. One of the areas in which many schools need extra focus is the mental health and social-emotional wellbeing of their students. It's crucial that schools gain an understanding of this topic to be able to guide their children and support school staff members through this challenging time.

Please join the member companies of Utica National for a two-part series along with our partners from Integrated Community Alternatives Network (ICAN), who provide individualized and non-traditional service and care to the highest risk individuals and families with social-emotional, mental health, and behavior challenges.

Part 1

Tuesday, September 22, 2020 from 10:00 AM to 11:30 AM.

Understanding Trauma: Supporting Students and Staff Through a Collective Trauma

This session will focus on helping participants to better understand the dynamics of trauma and how trauma impacts adults and children. They will discuss how the current collective trauma many are experiencing as a result of this pandemic might manifest itself in new and challenging behaviors in children, their families, and even school staff. Participants will learn about the Adverse Childhood Experiences (ACES) study and how ACES contribute to long-term negative outcomes for individuals.

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Part 2

Thursday, October 22, 2020 from 10:00 AM to 11:30 AM

Living in "Virtual" Reality: How the Virtual World is Impacting Our Mental Health

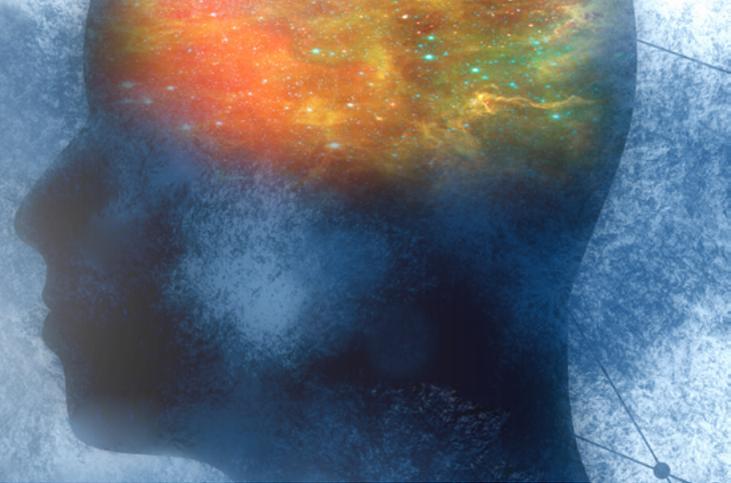
Every year new technologies are developed that are intended to bring everyone closer together. However, as more and more young people move from face-to-face contact with their peers towards interacting across a variety of digital platforms, there often appears to be a stark disconnect and the results could be hurting children.

This is evident now more than ever with the "new normal" of families living, working, and learning in a virtual world. In this interactive workshop participants will learn about how this boom of technology is affecting young people and the impact that social media and extensive screen time is having on their mental health and overall well-being.

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About Our Presenters:



Jeremy D. Butler

Jeremy is the Director of Community Initiatives for ICAN (formerly Kids Oneida), a co-chair of the Mohawk Valley Regional Youth Justice Team and the incumbent President of the Oneida County Youth Services Council. ICAN has a vision to Keep Families Together. In his

current position, Jeremy oversees all school-based, Juvenile Justice, and Community Education programs working to carry out this vision. He has helped to create, implement and oversee the service design, implementation and evaluation for these programs, and also serves as one of ICAN's lead trainers. His passion and dedication to the children and youth of the Mohawk Valley community are relentless. He continues to find ways to inspire, challenge and redirect many of our most impassioned at-risk youth.



Carrie E. Conte, LCSW

Carrie is the current Community Initiatives Program Manager for Integrated Community Alternatives Network (ICAN). Within her current role she is responsible for the programmatic oversight and Clinical Supervision of ICAN's School-Based Programs. Carrie also serves

as a lead in helping to oversee Community Education and Training for the agency. Carrie has helped to lead the School-Based teams to receive awards for Outstanding Programs recognized by the Genesis Group of the Mohawk Valley. In addition to this role, Carrie also provides supervision to a select group of Service Providers as outlined by the Office of Mental Health (OMH), as it pertains to the delivery of Child and Family Treatment and Support Services (CFTSS).